



Saint Anne's Church
 6055 Azle Avenue, Fort Worth, TX 76135
 817-237-1888
 www.saint-annes.org

angelfood
 MINISTRIES

Step 1: Place your order. Deadline is Monday, October 13, 2008, 3:00pm.
 Order forms may be dropped off Monday through Friday, from 10:00am until 3:00pm, at the church office. We accept cash, money orders and food stamps.
No checks, credit cards or debit cards please.

Step 2: Pick up your order on Saturday, October 25, 2008, 9:30am-10:30am ONLY.

Bring a large box, laundry basket or cooler to transport your food. Any food not picked up by this date and time will be donated to a local food bank. Sorry, no refunds or credits will be given for food not picked up. We cannot store forgotten food.

Saint Anne's Church provides this ministry to anyone who wishes to participate. **THERE ARE NO QUALIFICATIONS, NO APPLICATIONS, AND NO LIMITS** to the number of orders you can buy! **Just order, prepay, and pick-up.** It is helpful to have the exact amount of money for your order. Angel Food Ministries reserves the right to substitute any of the food items listed due to availability, cost and quality. Please check your order for accuracy before leaving.

OCTOBER REGULAR BOX — \$30

Since 1994, Angel Food has provided balanced nutrition and variety through its regular box, with enough food to feed a family of four for a week.

- 1.5 lb. Ribeye Steaks (4 x 6 oz.)
- 4.5 lb. (avg) Split Chicken Breast Family Tray Pack
- 26 oz. Heat and Serve Meatloaf and Brown Gravy
- 1 lb. Chicken Breast Fajita Strips
- 1 lb. Boneless Center-Cut Pork Chops (4 x 4 oz.)
- 1 lb. Fully Cooked Meatballs
- 1 lb. All Meat Hot Dogs
- 1 lb. Frozen Sliced Carrots
- 1 lb. California Blend Vegetables
- 1 lb. Pasta
- 28 oz. Marinara Sauce
- 48 oz. Hawaiian Punch
- 32 oz. Borden 2% Reduced Fat Shelf Stable Milk
- 12 ct Corn Tortillas
- One Dozen Eggs
- One Dessert Item

OCTOBER SENIOR BOX — \$28

All ten individual meals are fully-cooked and labeled complete with heating instructions – just heat and serve. Each meal has no added sodium, is low in fat, and is nutritionally balanced for seniors with three ounces of protein, two vegetables/fruits and one starch.

- **BBQ Chicken;** Slow roasted chicken diced and served with Western BBQ Sauce. Served with Black Eyed Peas and Collard Greens and Cinnamon Apple sauce.
- **Meatloaf with Brown Herb Gravy;** Traditional Meatloaf topped with Herb seasoned Brown Gravy, served with Sweet Potatoes with brown sugar & maple, green peas, mushrooms and green beans.
- **Sweet 'n Sour Chicken;** Slow cooked chicken chunks served in a sweet 'n sour sauce over steamed Rice with Steamed Broccoli, Mushrooms and Wax Beans.
- **Meat Patties with Country Style Gravy and Onions;** Lightly Floured and Seasoned and served with a rich Brown Gravy and Onion. Creamy Mashed Potatoes, Steamed Broccoli with a sprinkling of Cheese along accompanied by Diced Beets.
- **Spaghetti with Meat Sauce;** Spaghetti Noodles served with a rich traditional Italian Meat Sauce. Seasoned Italian Green Beans, Diced Pears and an Oatmeal Cookie.
- **Salisbury Steak with Brown Mushroom Gravy;** Traditional Salisbury Steak Patties with Brown Mushroom Gravy; Mashed Potatoes, Peas and Carrots and diced Pineapple.
- **Thyme Baked Chicken;** Slow cooked chicken chunks served in a savory Thyme Sauce with Parsley Potatoes, Three Bean Salad and Diced Peaches.
- **Creole Baked White Fish;** Delicate White Fish baked with a Creole Sauce served with Red Beans and Rice, Creamed Spinach, and a Chocolate Chip Cookie.
- **Chicken Curry With Vegetables;** Cooked tender chicken with Cut Green beans and Yellow Corn over Seasoned Onion Broth Rice with Broccoli Oriental Vegetables and Diced Peas.
- **Ground Beef Stroganoff;** Tender Ground Beef in a rich Stroganoff Cream Sauce served over Parsley Egg Noodles, Green Beans and Onions, with Fruit Cocktail.

OCTOBER SPECIALS

One or more specials available only with the purchase of either of the boxes above.

SPECIAL #1 7 lb. Grill Box - \$20.00 2 lb Top Sirloin Strips (4 x 8 oz.) 2 lb Baby Back Ribs 1.5 lb Hamburger Patties (4 x 6 oz.) 1.5 lb Pork Chops (4 x 6 oz.)	SPECIAL #4 10 lb. Chicken Tender Box - \$18.00 10 lb. Breaded Chicken Tenders
SPECIAL #2 4.5 lb. Meat and Chicken Combo- \$21.00 1.5 lb. Ribeye Steaks (2 x 12 oz.) 1.5 lb. New York Strip Steaks (2 x 12 oz.) 1.5 lb. Bacon-Wrapped Chicken Filets (4 x 6 oz.)	SPECIAL #5 Fresh Fruit and Veggie Box - \$21.00 1 head New York State Green Cabbage 1 head California Iceberg Lettuce (Cello wrapped) 1 bunch California Broccoli 2 lb. Medium-Large Idaho/East Oregon Yellow Onions 5 lb. New Crop Yukon Gold Potatoes 3 lb. North Carolina New Crop Red Apples 2 lb. Bag of California Fancy Lemons 1 Super Sweet Gold Pineapple 1 lb. Bag of California Peeled Baby Carrots
SPECIAL #3 3.75 lb. T-Bone Special - \$21.00 3.75 lb. T-Bone Steaks (5 x 12 oz.)	

DETATCH AND PLACE IN ENVELOPE WITH CORRECT AMOUNT OF MONEY

Name _____ Regular Box _____ x \$30 = _____
 Address _____ Senior Box _____ x \$28 = _____
 _____ Special #1 _____ x \$21 = _____
 Phone _____ Special #2 _____ x \$21 = _____
 E-Mail _____ Special #3 _____ x \$21 = _____
 Who will pick up this order? _____ Special #4 _____ x \$18 = _____
 _____ Special #5 _____ x \$21 = _____

Order By Date: Monday, October 13, 2008
Pick up date: Saturday, October 25, 2008, 9:30-10:30 ONLY

TOTAL ORDER = _____