

Dallas Trekkers Newsletter



Vol. 20, No. 4

July - August 2001

AIR CONDITIONED **UNDERGROUND WALK**

FRIDAY, JULY 13, 2001

UNION STATION, DALLAS

Start Time: 10:00 AM – 1:00 PM

(See enclosed brochure for details)

JULY MEMBERSHIP MEETING

TUESDAY JULY 10, 6:30 PM

EL FENIX, 1601 MCKINNEY AVE

DOWNTOWN DALLAS

Speaker: Paula Blackmon from **DART**

DON'T MISS IT!

Visit the L-B-J National Grassland by John Ferguson

One of the little recognized treasures of the North Texas area is the 20,313 acre Lyndon B. Johnson National Grasslands near Decatur, Texas. During the dust bowl era of the 1930s, the government began purchasing land devastated by erosion partially to aid the starving farmers but also for the restoration of the land, conservation of the soil, and the protection of the watershed resource values. From these beginnings has developed the National Grasslands as now managed by the US Forest Service.

On Saturday, September 15, the Dallas Trekkers Walking Club again sponsors an opportunity to enjoy these grasslands. Start time is from 8 AM 'til noon. Hopefully walkers will see some of the song birds, deer, quail, or turkey that live in this area.

This Volkssporting event will follow the trail cleared by the Dallas Trekkers as a public service project with the USDA Forest Service in 1989. This is a well defined forest service trail through a blend of open grasslands and hardwood forests between Black Creek Lake and Cottonwood Lake. The route can be followed for either a 10 km or 15km distance. Although this trail is regularly used by families, this route is rated as 3+ due to some rough footing and a few small hills. Be prepared to enjoy some small muddy areas in case of rain. This trail is not suitable for either wheelchair or stroller use.

The award for this event is a multi-colored enamel pin in the shape of the Forest Service badge. All registration and purchase of the award will be on the day of the event at the start area.

The start at Black Creek Lake is situated north of Decatur Texas (see enclosed brochure for directions).

Although water is available at the start and check points, ALL walkers are expected to carry water on this trail. Toilet facilities are available at the start area. Pets are welcome but must be kept on leash.

There are no entry fees for the use of these grasslands. Share the Volksmarch experience, bring a friend. Remember that there are several Year Round Events in the DFW area and in Wichita Falls to consider before or after this event.

For additional information contact Jim Ross 972.681.0045 or email jimross@topher.net.

DALLAS TREKKERS BOARD MEETING

- Open to all members -

Sunday, August 12 – 2:00 PM

Home of Membership Chair Beverly Eversole
(Call Beverly for directions)

DALLAS TREKKERS

Club Officers -

President: Bruce Fitch
5706 Maidstone Drive, Richardson, TX 75082
972 235-9086 e-mail: bfitch@ix.netcom.com

Vice President: John Ferguson
4909 Mill Creek Circle, Dallas, TX 75244
(214) 348-0003 e-mail: jhferg@earthlink.net

Secretary: Christa Harper
422 Red River Tr #2071, Irving, TX 75063
(972) 869-2359

Treasurer: Scott West
218 Creekside Ln., Coppell, TX 75019-3550
(972) 393-2810 email: swest47@airmail.net

Committee Chairs -

Trailmaster: Leroy Wright
5009 Pemberton Ln., The Colony, TX 75056
(972) 625-3508 e-mail: leroy@wright.org

Membership: Beverly Eversole
914 Country Creek Ln, Red Oak, TX 75154
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972 242-4893

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(972) 386-5922

Electronic Communications Coordinator: Scott West
218 Creekside Ln., Coppell, TX 75019-3550
(972) 393-2810 email: swest47@airmail.net

PRESIDENT'S MESSAGE

A big "thank you" to everyone who volunteered to be on our leadership team. Within one week after the last newsletter was mailed volunteers had filled every open board position.

As **Beverly Eversole** takes over as our new **Membership** chair we commend our retiring chair, **Judy Pouncey**, for her many years of dedicated service. We also praise **Randy Tarin** for the awesome job he did in setting up and maintaining the Trekkers' website and establishing the DART walk. His innovative ideas and hard work have moved the club into new realms. As Randy steps back **Scott West**, our Treasurer, will move forward and add these extra duties as our new **Electronic Communications Coordinator**. **Mary Burnett** is now the club's new **Program Coordinator**. A huge round of applause also goes out to **Temple Pouncey**, our previous President and newsletter editor, for his wonderful contributions over the past years. We wish him much success in his new editorial duties in Van Alstyne.

It may be Summer but we're not shutting down. Don't miss the **July meeting** at the El Fenix on Tuesday, July 10. **Paula Blackmon** from **DART** will be there to talk about the agency's future expansion plans and to discuss ways the club can partner with DART in future walking opportunities.

Even if you work, try and sneak away on **Friday, July 13** to attend the **Dallas Underground** walk. The vast air conditioned network of underground tunnels and above-ground walkways that crisscross downtown Dallas are the perfect place to hold a safe and comfortable walk in the middle of the Summer. Even if you can't make it this year, plan on taking a day of vacation next July 12, 2002 when we will hold the Second annual Underground Dallas event.

Speaking of 2002 we still need **walk directors** for

The Dallas Trekkers (AVA 034) is a nonprofit walking club open to people of all ages. It is a member of the Texas Volkssport Association and the American Volkssport Association. Mailing address: P.O. Box 743813, Dallas, TX 75374-3813

Home Page: www.flash.net/~tva/clubs/dallas

Member, Dallas Chamber of Commerce

our south Dallas area walk on May 18, the early morning Summer walk on August 10, the DART walk in September and the Lake Grapevine walk on October 19-20. Interested? Contact John Ferguson or me and plan to attend the Trekkers' **Walk Director Seminar** on **September 8** at REI on I-635 near Midway.

This seminar, led by our club's V.P., John Ferguson, is focused on **Making Volkssporting Fun -AGAIN**. Walk directors-to-be don't worry, you will be partnered with an experienced walk director before we let you run your own walk. Remember without walk directors and volunteers there can be no walks. Even if you have only have an interest in someday serving as walk director or as a volunteer, don't miss this opportunity to learn from the masters. See you on the trail ...

Have you ordered your Frequent Walker Coupons yet?

Call (972) 235-9086 for more information

Leroy Hits 30,000 Kilometers!

Leroy Wright called from Enumclaw, WA just north of Mt. Rainier within 30 miles of Seattle, WA to say he was going to stamp his distance book and complete his 30,000th KM. Way to go, Leroy!

He walked many beautiful walks in Wyoming and Idaho in the past few weeks. He highly recommends the Year Round Events in Lander, WY (Option of 10 KM or 15 KM) at Sinks Canyon, the 10 KM at South Pass City (both tough, but gorgeous) and the 11 KM trail at Sun Valley, ID. All were at altitudes from 5000 ft. to over 7000 ft.

He also wanted to alert members that the Guernsey State Park walk just north of Cheyenne WY was shut down. (Leroy's experience makes us aware that changing weather conditions and damage to trails can close walks. Always check with the point of contact before traveling great distances to take these walks.)

Our sincerest congratulations go out to our most intrepid and avid Volkssporter. Leroy has a standing offer to walk with anyone. It's been a little harder to reach him as he's been RV-ing across the country, but he would be glad to walk with you when he is back at home.

Let's Make Volkssporting FUN AGAIN

by John H. Ferguson

Volkssporting is supposed to be fun. Too many of our participants and workers have forgotten to **Make Volkssporting Fun**. Organizing and directing a Volkssport event should also be FUN.

On Saturday, September 8, the Dallas Trekkers Walking Club will sponsor a "Walk Directors Seminar" with a focus on **Making Volkssporting Fun—AGAIN**. The first key element of a fun event is a friendly and happy walk director. We all know that without a Walk Director there will be no walk !

This seminar is open to all interested, but seating is limited. Subjects covered include: procedures for organizing and directing a walk, including AVA requirements; how to plan an event and enjoy the planning; and eliminating make work items so that the event will be **FUN**, even for the Walk Director. Experienced walk directors are encouraged to participate on a panel to offer thoughts and answer questions. There will a nominal fee of \$4.00 to cover costs for refreshments and preparing seminar literature for distribution.

This seminar will be held at the conference center in the REI store in Farmers Branch located on the north side of LBJ Fwy (IH 635) between Midway Rd and Dallas North Tollway and begins at 2:00 PM and formally ends before 4:00 PM. (Participants are encouraged to spend the morning at the Tarrant County Walkers volksmarch in nearby Grapevine Texas.) Contact John Ferguson at (214) 348-0003 or e-mail him at jhferg@earthlink.net for additional information or to reserve a seat.

Time to renew? Did you move?

If the expiration date on the mailing label is highlighted don't let your membership lapse. So you won't miss a single issue of this newsletter send your \$10 renewal check made payable to the Dallas Trekkers in the enclosed envelope. Please write your phone number on the check.

Send changes of address to:
P.O. Box 743813, Dallas, TX 75374-3813
or to bfitch@ix.netcom.com

Tripping the Heartland -- Fantastic!

By Claudia Fitch

We left on the afternoon of May 24th determined to carry out our plan. We were finally making the Volkssporter pilgrimage to Crazy Horse, visiting the gravesite of Bruce's brother, Tom, spending time with his widow and his children, walking in new states, capitals, a Canadian province and on Rte. 66. But would we make it? Thunderstorms, rain and even snow were everywhere we planned to go. Gas prices were sky high. We packed for every type of weather and temperature.

Our trip to Joplin went without a hitch. Having walked in Missouri previously, we drove through morning showers into Nebraska and hit a major construction slowdown. Instead of walking in Omaha as planned we decided to walk in Nebraska City. On this gem of a walk we toured the home of J. Sterling Morton, the Secretary of Agriculture under Theodore Roosevelt, who inspired others to plant over one million trees on the first Arbor Day. We reveled in the beauty of 19th century architecture, the orchards, the conference center, the views, learned the secret of the Whispering Bench and marveled at how a once-barren plain was now forested with majestic trees. Not one drop of rain fell on us that afternoon, but it poured the last hour as we drove to our motel in Des Moines. Because we had walked in Des Moines in 1992, we left the next morning for La Crosse, Wisconsin. It rained until we crossed the river and entered La Crosse. We walked along the river shore, passed by the Hiawatha statue, the breweries and the historic homes. We had sprinkles for the last 10 minutes of the walk. It rained all the way the Minneapolis and just as we entered the city the sun began to shine.

The sign "Welcome Uncle Bruce and Auntie C." was sitting on the front steps. Everyone told us they were sick of the rain and hoped we had brought dry weather with us. Over the next two days we placed flowers on Tom's grave, took the family out to eat, watched our nephew's soccer game, took the family on a shopping spree and to the tune, "I Have Survived," we cruised the streets of Minneapolis which

were filled with runners, walkers, skaters and bicyclists. Everyone was basking in the sunshine, happy to be outside after having suffered from cabin fever during two weeks of rain.

On Memorial Day morning we walked the downtown Minneapolis year round event. Usually parking meters run all day until 10:00 PM, but because it was a holiday we were able to park on the street for free. This lovely walk took us along the river, over several bridges, past the only lighthouse on the Mississippi and through shady, wooded paths. There were times when we almost forgot we were in the middle of a city. Whimsical bronze sculptures in front of City Hall, painted wall murals and beautiful fountains and views made us glad we had taken this downtown walk.

Tuesday morning we said our tearful good-byes. Not one drop of rain had fallen since our arrival. We now drove off to North Dakota and took the Fargo year round event. Because the trail was partially covered in mud and puddles we knew Fargo had recently experienced gully-washers. Under sunlit skies we passed by playgrounds, golf courses and homes on this pleasant walk.

We next drove north across the border to the city of Winnipeg in Manitoba, Canada. In the morning we went to the start point that was listed on the printed sheet that Bruce had downloaded from the Internet. The start point was no longer there and unable to reach the point of contact, we decided to take a different walk. Thankfully we found the walk box. This walk took us across bridges, into the French quarter, past historic sites and along the river. We took the alternate route because recent flooding rains made the trail along the river impassable. Just as we were walking to our car it started to sprinkle. As we were leaving Canada the customs official upon seeing our Texas license plates was amazed when we told him that we had driven over 2000 miles just to take a walk.

Once again in North Dakota we drove to Bismarck, the capital city. We ate dinner at a restaurant that was an antique paradise, full of old pictures, stained glass windows, lamps and china. The staff was extremely friendly and the food was gourmet. In the morning we awakened to a beautiful day. The walk

from the Visitor's Center took us through parks, the capital grounds and past historic sites. We drove to Rapid City, South Dakota, arriving in late afternoon.

The next morning we made the 30-mile trip up to the K.O.A. Campground near Mt. Rushmore. The scheduled walk went through wooded trails with gorgeous views of spectacular cliffs and mountains. We returned to Rapid City, took the Canyon Lake Park year round event which went through several parks on hike & bike trails and past the golf course. The creeks, waterfowl and flowers were beautiful. Later we connected with Leroy Wright of The Colony and Marion Bucens of Australia, both of whom were taking most of the year round events in the state. Leroy planned to earn the patch for taking 10 events in the South Dakota. We treated them to a German dinner at the Bavarian Inn in Custer and afterwards had coffee in Leroy's RV.

The next morning we made our way to Crazy Horse. Once each year the public may hike to where the mammoth sculpture is being carved out of the cliff. We started the climb with the "stragglers" at 8:30 AM. It was slow going in many places due to the crowds, the steepness of the trail and the altitude. Most of us stopped several times to catch our breath and I was glad that I had brought my walking stick to help me over some of the rocky or slippery parts of the trail. When we reached the face of Crazy Horse there was a biting, cold wind blowing. Now in hooded jackets we were amazed that only a few minutes earlier we had been sweating profusely as we made our way up the last few kilometers to the top. The view from the top was spectacular. After reaching the bottom we purchased many items which help to fund the project and left for Wyoming.

Arriving in Cheyenne late in the afternoon, we decided to take the capital city year round event that evening. We passed the capital and the statue of the cowboy on the bucking bronco (the one that is shown on all WY license plates.) We hurried past historic homes and cemeteries because ominous, tornado-producing clouds hung loosely overhead. To our relief none materialized. This city is the main hub for the Union Pacific Railroad and the lonesome whistle of many trains blared as they rumbled through the town.



Does she have the nose?

In the morning we went to a park that displays a well-preserved Big Boy Engine and took many pictures of this rare engineering marvel. We also took time to visit the newly restored train station downtown. Then we headed for Denver, CO.

We arrived a couple of hours later in Denver, located the shopping mall and left on one of the three capital city year round events. We decided on the one that went around the lakes, through many historic neighborhoods and a picturesque park. We stopped along the route for some See's chocolate treats. After finishing we attempted to leave Denver, hoping to reach Amarillo by 10:00 PM. When we encountered a traffic jam between Denver and Colorado Springs we tried to detour only to find detours on the detour. It took us until almost 6:00 PM before we were able to exit the Denver-Colorado Springs area. We switched drivers regularly because of the blinding headlights and about 12:30 AM we were singing at the top of our lungs to our Queen CD to keep us awake. We arrived in Amarillo at 1:30 AM very tired, but safe.

See Route 66 on Page 6

Route 66 - Continued from Page 5

In the morning we made our way to the convenience store where the walk started. The clerk asked us to park right in front of the store so she could keep an eye on our car! We enjoyed walking through the parks and quiet neighborhoods, which included a very unique house. There were many antique shops and restaurants along Route 66. We drove home through 100-degree heat. Later destructive thunderstorms with large hail hit the area, but we arrived home with only a bug-splattered car, but nary a drop of rain.

We had achieved all of our goals! We had walked in seven new states, one new country and province, gone to the Volkssporter's "Mecca", Crazy Horse, walked in three capital cities and done a Route 66 walk. We had enjoyed a wonderful time with our niece, nephews and sister-in-law and set up a time for them to come to Texas next year to see our state. We hope we can get them out on their first Volksmarch when they come. But most of all we relaxed and saw the diversity of terrain, scenery and culture that makes up this great nation of ours. We can hardly wait for our next trip.

Storm Damage Closes Sulphur, OK Year Round Events

Before you make the trip to Sulphur, OK please contact Joe or Myrna Heberlein by e-mail at friends6139@aol.com or call Al Heberlein at 405-843-5731 for the most up-to-date information on road and trail conditions.

LOOKING FOR VOLUNTEERS TO HELP FOLD, STUFF AND MAIL THE NEWSLETTER

NEXT NEWSLETTER DEADLINE
WEDNESDAY, AUGUST 15, 2001

To volunteer or submit articles contact:
Claudia Fitch by email at bfitch@ix.netcom.com
or by mail at:

5706 Maidstone Drive
Richardson, TX 75082

Questions? (972) 235-9086

Order Your Dallas Trekker Name Tag Today

John Ferguson is taking orders for your club name tag. Just send him a piece of paper with your name clearly printed in just the way you want it to appear on your name tag. Be sure to include your address, phone number where you can be reached and/or e-mail address so that John can notify you when your name tag is ready for pick-up. If you have any questions you may call John at: 972-788-5028 or e-mail him at: jhferg@earthlink.net

Send your check made out to "The Dallas Trekkers" for \$6.50 to cover the cost of the name tag and engraving to: John Ferguson, 4909 Mill Circle, Dallas, TX 75244. Your name tag will be ready for pick up at one of our upcoming walks or general membership meetings once it has been made.

Children Send Trekkers Thanks for Elm Fork Funds

Children who use the Elm Fork Nature Center sent a poster thanking our club for the funds raised at our April 29th benefit walk at the Nature Preserve. Despite the soggy conditions experienced throughout most of January–April the weather for the afternoon walk was beautiful. The trails were dry enough for 100 participants to walk the 5K or 10K event. Most walkers visited the many booths and watched the cliff-climbing exhibition. We had 77 who walked for credit (most for the special award pin and some for March for the Parks T-shirts, hats and water bottles) and 23 who walked for free. The Trekkers donated all of the walk profits and donations, \$741.00, to help create more trails throughout the preserve.

Bruce and Claudia Fitch, the walk directors, wish to thank Jim Ross, Beth Joyce, Marvin Petsel, Cathy Kelcher, Harry & Beverly Eversole, Christa Harper, Janet Adams, Cathy Lauer, Mary Jo Vasquez, Mary Burnett and Eileen Foghino whose volunteer work made this all possible. The City of Carrollton gave each volunteer a special Elm Fork Nature Preserve T-shirt to thank them for their help.

Johnny Van Note of Carrollton won the New Balance shoes.

NEW MEMBERS AND RENEWALS

- NEW MEMBERS -

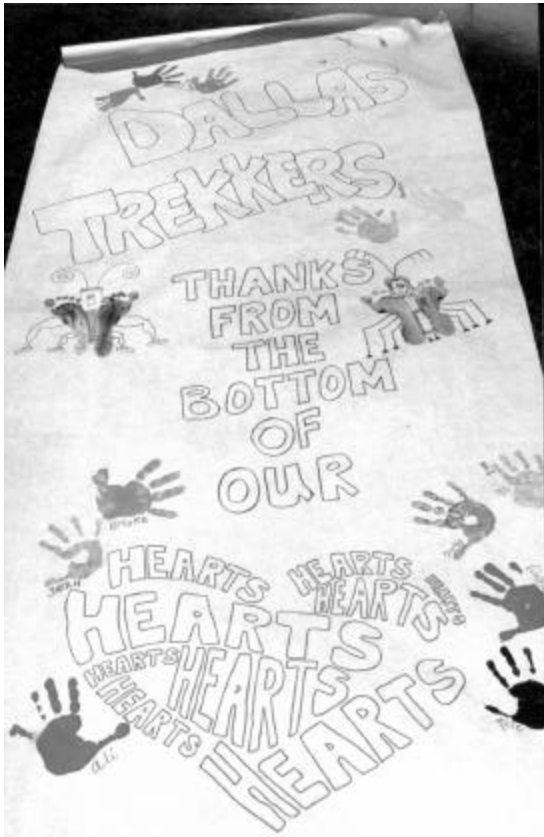
Beth Allen
Cathy Austin
Jill Hamid
Diane Martin
Sandra Robinson
Andrea Solomonson

- RENEWALS -

Robert and Linda Banks
Polly Carpenter
Paul and Carolyn Ernst
Bruce and Claudia Fitch
Diana Hersey

- RENEWALS -

Diana Hultquist
Cathy Kelcher
Myrna Lazarus
Kathy McCrain
Eugene Moen
Paul Oswalt
Bill Paugh
Joan Roberts
Cindy Satterfield
Norman Seaton
James Sibley
Gordon Thomsen
Barbara Uppole



Children enrolled in Carrollton's Elm Fork Environmental Education Program sent colorful thanks to our club from the bottom of their hearts, hands and feet for the \$741 from the benefit walk.

MILESTONES

The following north Texas volkssporters were recognized in the **April** and **June** issues of *The American Wanderer* for reaching milestones in the IVV Achievement Awards system. **Congratulations!**

- EVENTS -

1800 - Leroy Wright
1050 - Elaine Samus
1000 - Siba Spencer
650 - Brooke Hudson
475 - Barbara Christopher
475 - Richard Timmermeyer
450 - Paul Campanelli
450 - Barbara Christopher
450 - William Christopher
450 - Paul Ernst
425 - Barbara Christopher
425 - William Christopher
425 - Carolyn Ernst
400 - William Christopher
375 - Eugene Janke
375 - Rose Marie Janke
325 - Eileen Foghino
300 - John Ferguson
300 - Eileen Foghino
275 - Katie Simmons
275 - Harry Eversole
250 - Katie Simmons
250 - Edith Connally
225 - Jerry Stovall
225 - Beverly Eversole
200 - Edith Connally
175 - Joanna Snow
175 - Richard Snow
175 - Edith Connally
150 - Joanna Snow
150 - Pat Taylor
150 - Edith Connally
150 - Janica Wood
125 - Edith Connally
125 - Cathy Kelcher
125 - Mary Smith
100 - Gail Hake
100 - Dorothy King
100 - John Smith
100 - Mary Smith
100 - Pat Broome
75 - Gail Hake
75 - John Smith
75 - Mary Smith
75 - Pat Broome
50 - Andrew Anderson
50 - Pat Broome

- EVENTS -

50 - Todd Broome
30 - Andrew Anderson
30 - Helen Batman
30 - Pat Broome
30 - Todd Broome
10 - Pat Broome
10 - Todd Broome
10 - James Paul
10 - Gerald Vanlandingham

- DISTANCE -

11000 - Brooke Hudson
11000 - Siba Spencer
9000 - Paul Campanelli
9000 - William Christopher
8000 - Barbara Christopher
7000 - Barbara Christopher
6500 - Eileen Foghino
6500 - Richard Timmermeyer
6000 - Eileen Foghino
5500 - Ricky Fuller
5500 - Dot Meyers
4000 - John Ferguson
4000 - Jerry Stovall
3000 - Katie Simmons
2500 - Edith Connally
2000 - Cathy Kelcher
2000 - Edith Connally
2000 - Richard Snow
1500 - Nancy Arnold
1500 - Edith Connally
1500 - Pat Broome
1500 - Joanna Snow
1500 - Pat Taylor
1000 - Gail Hake
1000 - Dorothy King
1000 - John Smith
1000 - Mary Smith
1000 - Pat Broome
500 - Andrew Anderson
500 - Todd Broome
500 - Pat Broome
500 - Barbara Timmermeyer

UPCOMING EVENTS

Fri July 13, 2001 - 10K Walk

Union Station, 400 S. Houston St., Dallas, Tx
Dallas Trekkers - Judy Pouncey
tcpouncey@hotmail.com

Sat July 28, 2001 - 10K Walk, Custer Park

Corner of Custer Rd and Renner Rd, Richardson, Tx
Plano Plodders Walking Club
Kitty Simmons 972-231-6518
dona7112@iadfw.net

Sun Aug 5, 2001 - 10K Walk, 2 Swims

TVA MEETING

San Marcos Activity Center
501 E Hopkins St, San Marcos, Tx
San Marcos River Walkers
Barbara Piersol 512-396-4463
dp17@business.swt.edu

Sat Sep 8, 2001 - 10K Walk

Grapevine High School, Grapevine, Tx
Tarrant County Walkers, Inc
Madelyn Toland 817-488-6712
mat99@gateway.net

Sat Sep 15, 2001 - 10K Walk

LBJ Grasslands, Decatur, Tx
Dallas Trekkers
Jim Ross 972-681-0045
jimross@topher.net

Fri Oct 5, 2001 – Sunday Oct 7, 2001 - 3 WALKS

RUIDOSO, NEW MEXICO 10KM
Host Club: WEST TEXAS TRAIL WALKERS
Write for more information to:
5103 PLANTATION COLONY DR
SUGARLAND, TX 77478
Contact: GARRY SPEIR 281-265-3772
gspeir@alltel.net

Sat Oct 13, 2001 - 10K Walk

Bonham State Park, Bonham, Tx
Dallas Trekkers
Darwin White 940-387-7971
trudger@hotmail.com

Sat/Sun Nov 3 – 4, 2001 – 2 WALKS

Ft. Griffin State Park, Albany, Tx
Tarrant County Walkers, Inc
R. Timmermeyer 940-325-5440
rptimmer@mesh.net

Sat Mar 30, 2002 - 12K Walk

Reverchon Park, 3505 Maple Ave, Dallas, Tx
Dallas Trekkers
Lesley Bowen 214-503-6874
lesley.bowen@publicis-usa.com

Richardson Heights – Cottonwood Parks Walk Enjoyed by All

Just about everyone, whether they walked Friday night or Saturday morning, June 15th or 16th, said this was a wonderful walk. Many told us they look forward each year to the shady tree-lined streets with the beautiful yards and the pleasant parks. Because it was hot, we did not allow anyone to go out on the trail unless they carried water. Anyone who did not have a container of water was given one free of charge. Many thanked us for the gift when they returned. We had 99 participants, 75 for credit and 24 for free.

Once again our volunteers made this walk possible. Walk Directors, Bruce and Claudia Fitch, applaud all those who volunteered their time: Mary Jo Vasquez (who worked both days), Beth Joyce, Jim Ross, Gail Bassham, Cathy Kelcher and Jim Dyer.

A special thanks goes out to the City of Richardson and the Richardson Parks and Recreation Department for their continued generosity, support and the use of their facilities for our start points.

Phil Zigelbaum of Richardson won the shoes. He and his wife said they usually do not walk in the summer because of the heat, but decided to walk because they could arrive early since they lived close by. I bet Phil's doubly glad he and his wife made the effort to come!

ARE YOU CONNECTED?

**Would you like to be alerted to fast
breaking walking news?**

Send your e-mail address to:
bfitch@ix.netcom.com

UPCOMING YRE GROUP EVENTS

Sun July 22, 2001 - Group Bike of YRE
White Rock Lake (Bike) YRE - 8:00 a.m.

Sat Aug 18, 2001 - Group Walk of YRE
Denton YRE - 7:30 a.m.

Sun Sep 23, 2001 - Group Walk of YRE
Midlothian YRE - 2:30 p.m.

Sun 24 Nov 2001 - Group Walk of YRE
Downtown Dallas YRE - 2:30 p.m.

Sun 02 Dec 2001 - Group Walk of YRE
Carrollton YRE - 2:30 p.m.